

We are proud to announce that Seabreeze Elementary will begin the ***Morning Mile Running Club*** on Wednesday, September 5th. The *Morning Mile Club* will serve as an opportunity for all students to get exercise in the morning while they work towards milestone incentives based on miles reached through the end of the school year.

The *Morning Mile Club* will begin at 7:45 am Mondays, Wednesdays and Fridays on the Seabreeze basketball court. Students can run as many laps as they would like before 8:15 and can show up anytime between 7:45 and 8:10. Each student’s running progress will be recorded and tracked through the school year. Various incentives will be awarded to students who reach specific goals.

Parent Volunteers supervise students while they run and or walk. Please consider volunteering to help supervise in the morning by walking or running with your student or handing out popsicle sticks to students as they complete laps. Volunteers are also needed to help count and tally popsicle sticks anytime during the day in the hallways.

The cost for each child to participate in the Morning Mile is \$10 (payable to Seabreeze Elementary PTA). All funds collected will be used to fund the incentives offered for the program. If you would like your child to participate in the Morning Mile Club please authorize this form and return it to your student’s home room teacher.

Thank you for encouraging growth within our school community and helping to make Seabreeze the best that it can be!

I, _____, would like my child(ren) to participate in the *Morning Mile* program. I understand that participation is NOT required every day and that the intent of the program is for my child to have fun exercising while stimulating mental growth. I also understand that students are required to behave according to the Student Code of Conduct while participating in the Morning Mile program.

I understand that students may be asked to sit out of Morning Mile for a period of time if their conduct is not consistent with school expectations.

Child Name	Homeroom Teacher	T-Shirt Size	Grade

Please contact me about volunteer opportunities with Morning Mile

Total Amount Enclosed: \$ _____

(cost = \$10.00/child. You may sponsor additional children if you choose) ☺

Parent Signature: _____ Date: _____

Parent Email: _____

Sign up for Morning Mile text alerts: text 81010 to @201819mo

Throughout the school year, students may be highlighted on PTA social media accounts to acknowledge achievements or help promote Morning Mile. Please initial here if you do NOT want your child to appear on Seabreeze Elementary PTA social media accounts. ___ I do NOT want my student to appear on social media.